REVERSE YOURSELF

Maybe right this minute you are at a time / place in your life where you just aren't clear on Who You Are or What You Want to Do or What Kind of Cake you want. It's time to Declutter. Get unstuck. This journal tool will help you clear the path to clarity with answers to three questions!

1. Who do you NOT WANT TO BE?

2. What do you NOT WANT TO DO?

3. What do you NOT WANT TO HAVE?

Write your answers on the following journal pages.

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Don't Want To Be

I do not want to be _____

Don't Want to Do

I do not want to do _____

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Don't Want Chocolate Cake

I don't want to have _____

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